



CAREGIVING PLAN

TASK	FAMILY SUPPORT	OUTSIDE SUPPORT
PERSONAL HYGIENE		
BATHING		
HAIR WASHING		
TOENAILS		
FINGERNAILS		
SKIN MOISTURIZING		
TEETH BRUSHING		
TEETH FLOSSING		
EAR CLEANING		
HAIRBRUSHING		
DRESSING		



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TASK	FAMILY SUPPORT	OUTSIDE SUPPORT
IN THE HOME		
FOOD SHOPPING		
FOOD PREPARATION		
FOOD CLEAN UP		
DAILY HOUSECLEANING		
LAUNDRY		



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TASK	FAMILY SUPPORT	OUTSIDE SUPPORT
MEDICAL- IN HOME		
MEDICATION MANAGEMENT		
BLOOD PRESSURE		
OXYGEN		
DIABETIC TESTIING		



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TASK	FAMILY SUPPORT	OUTSIDE SUPPORT
GENERAL MEDICAL MANAGEMENT		
MAKE DR. APPOINTMENTS		
TRANSPORTATION TO DR. APPOINTMENTS		
OBTAIN TEST RESULTS		
UPDATE MEDICATIONS		
SUBMIT INSURANCE CLAIMS		
SCHEDULE NEXT APPOINTMENT		
SCHEDULE TESTS FOR NEXT APPOINTMENT		



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TASK	FAMILY SUPPORT	OUTSIDE SUPPORT
LEGAL TASKS		
GET POWER OF ATTORNEY		
GET HEALTHCARE POA		
GOV'T SUPPORT SERVICES		
PAY MONTHLY BILLS		
HOME INSURANCE		
UPDATE ANNUAL HEALTH INSURANCE		
POA BANKING (IN -PERSON)		
SEND POA TO ALL UTILITIES		
DISCUSS, SIGN END OF LIFE WISHES		



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TASK	FAMILY SUPPORT	OUTSIDE SUPPORT
SOCIALIZATION		
MEAL DATES		
PHYSICAL THERAPY AS SOCIALIZATION		
LOCAL LECTURES		
FAMILY EVENTS		
LOCAL BOOK GROUPS		
LOCAL LIBRARY		
LOCAL SENIOR CENTER		



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TASK	FAMILY SUPPORT	OUTSIDE SUPPORT
SUPPLIES-1		
RUBBER GLOVES		
ADULT DIAPERS		
TOILET WIPES		
DEODERANT		
SHAVING SUPPLIES		
TISSUES		
SOAP		
TOOTHPASTE		
DENTAL FLOSS		
Q-TIPS		
SHAMPOO/ CONDITIONER		
BODY LOTION		



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TASK	FAMILY SUPPORT	OUTSIDE SUPPORT
SUPPLIES-2		
TRASH BAGS		
CLEANING SUPPLIES		



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